Me, Myself and Others: the Art of Leadership

This workshop can be delivered as a full day's session or as a 3-part course. It sets out the key aspects of leadership and creates space for participants to reflect on their roles and responsibilities. Whether new to leadership, or looking to refresh their approach, the session is a rich source of inspiration and practical insight.

Learning Objectives

- Analyse leadership strengths, values and brand
- Understand the importance of balancing personal drive with team connection
- Discuss the importance of diversity of thought, and how to be comfortable with difference
- Encourage curiosity through basic coaching skills
- Understand leadership's responsibility to empower others
- Learn the art of concise presentation without preparation, in service of influencing others
- Develop behavioural flexibility
- Explore the power of storytelling
- Understand the value of reflection

Learning Outcomes

- Participants will have more surety in their leadership style, approach and communication
- Participants will display greater empathy and embrace new and different ways of doing things
- Participants will engage in considered response, rather than reactivity
- Participants will prioritise reflection and planning

The Session

After exploring the key characteristics of leadership, participants identify their strengths and values, considering how these shape their leadership behaviours, influence others, and define their leadership brand. They then examine the balance between empathy, team connection and personal conviction.

Through self-reflection and discussion, participants explore diverse perspectives, examine unconscious bias, and consider practical ways to seek out and integrate different viewpoints. They also reflect on delivering and receiving feedback effectively, particularly during periods of change.

Participants develop skills through questioning, active listening and applying a coaching model in a structured paired exercise. They also strengthen their confidence through impromptu speaking exercises supported by peer feedback.

Participants analyse their natural communication style in group discussions and develop greater behavioural flexibility to support more effective collaboration.

"It was the best L&D course I have ever attended in my many years of being a civil servant. It was super informative; the sessions were very well broken up into three distinct topics and there was a variety of engagement exercises both as a group and in breakout rooms as well."

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